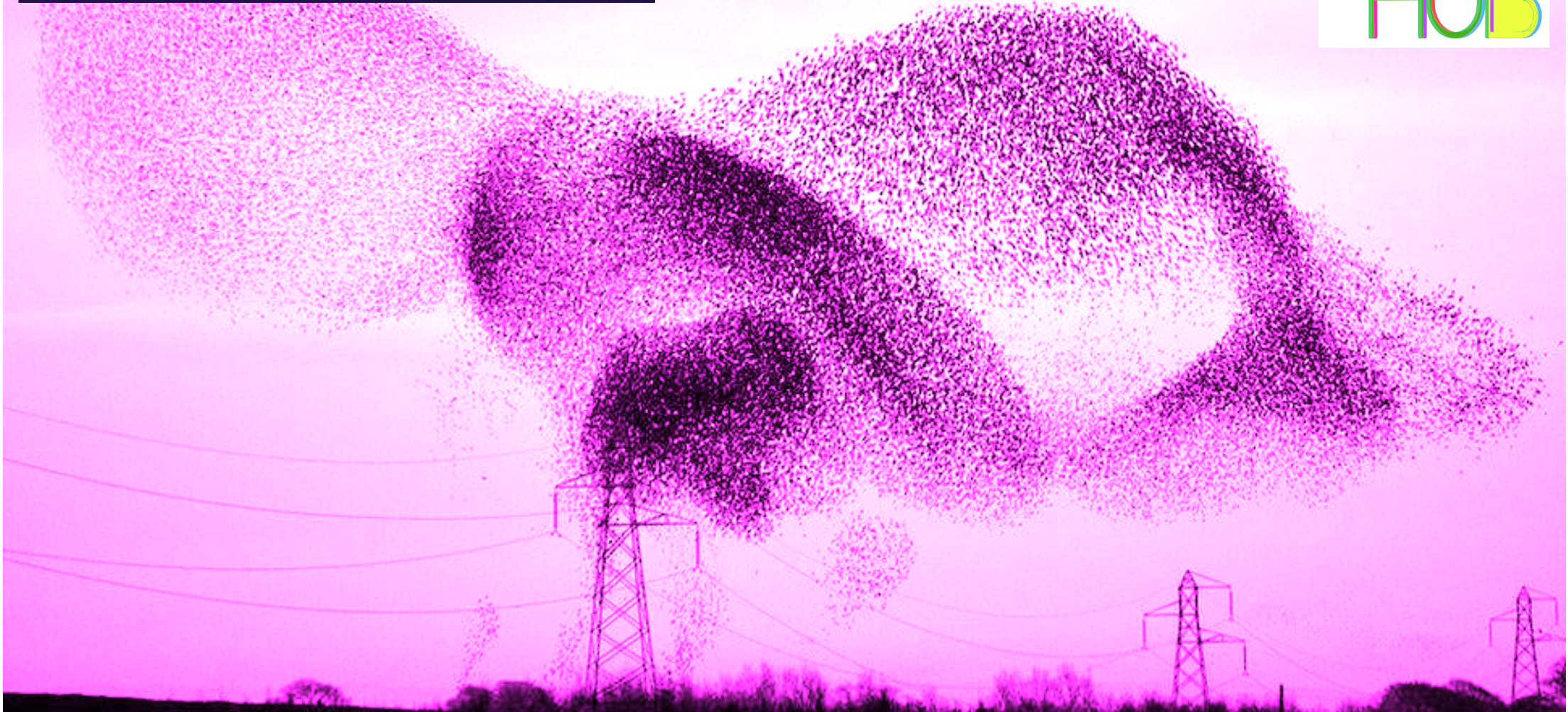


LANDSCAPE INTENSITIES 2

∞ Malleable Practice ∞



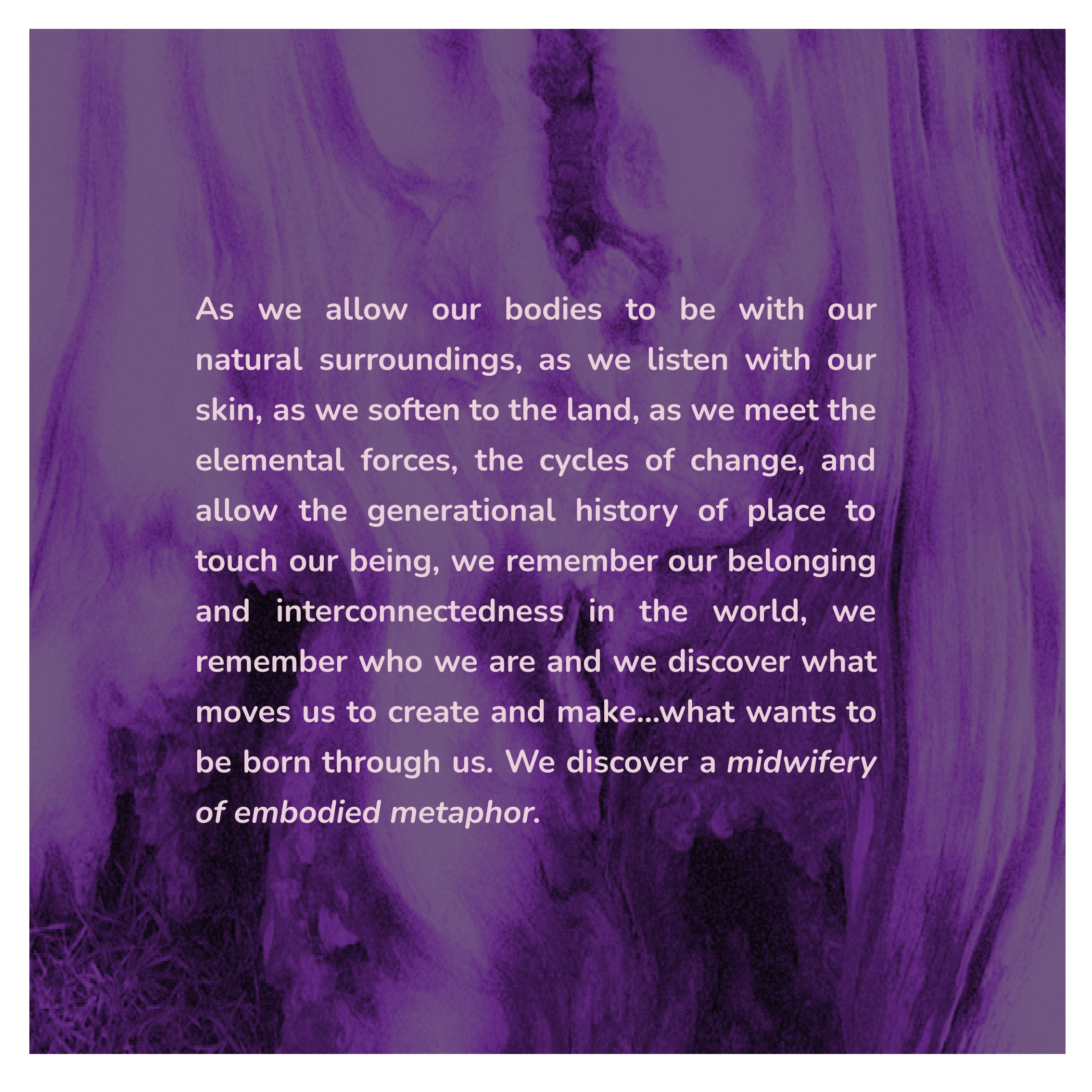
Participants will explore movement, play and art-making within the relational field of body and landscape - body and matter - body and object. Responding to individual needs Gemma will work with participants within nature, whatever the weather, as well as in the studio space. There will be time for outdoor movement practice, awakening the body to our different facets of perception and to move/dance/be still with nature. There will be time to create and art-make from our experiences and time to share verbally what wants to be shared through the process.

Gemma Higginbotham (MA, RSME/T) is a dance artist and somatic movement practitioner. She has been working with the poetics of the body for over twenty eight years. She performs internationally, facilitates in professional, community and health care settings, creates and has her own somatic movement practice in Cumbria where she offers one-to-one client sessions.



For more information about Somatic Movement Practice and to read more about Gemma please visit her website - www.gemmahigginbotham.co.uk



A purple-tinted photograph of a forest. In the background, a person is standing on a path, looking towards the camera. The trees are tall and thin, with their trunks visible. The ground is covered in grass and small plants. The overall mood is serene and contemplative.

As we allow our bodies to be with our natural surroundings, as we listen with our skin, as we soften to the land, as we meet the elemental forces, the cycles of change, and allow the generational history of place to touch our being, we remember our belonging and interconnectedness in the world, we remember who we are and we discover what moves us to create and make...what wants to be born through us. We discover a *midwifery of embodied metaphor*.

WHEN: 22nd/23rd July 2023

WHERE: At Mother Shippon Studio, Welshampton SY12 0QA and nearby

WHO: Suitable for all. Including those new to movement and making.

NUMBER: 6 PARTICIPANTS / ALL MATERIALS PROVIDED

COST: £160 (without camping) or £190 (incl. tent pitch - 3 nights)

PLEASE NOTE: If you are camping in a caravan/motorhome see the Willenhall Way website for costs.

BOOKINGS/INFO: Email Joseph at mothershippon@gmail.com

ACCESS: The studio has gradual ramp access. There are accessible toilets on site. Movement and access to the landscape will respond to the individual access needs of those participating. Please contact us in advance to discuss any specific access needs.

There is an option to camp from Friday until Monday or just join for the workshops Saturday and Sunday. Camping is at Willenhall Way Caravan and Campsite - www.willenhallway.com - where the Rural Art Hub is located.



Supported using public funding by

**ARTS COUNCIL
ENGLAND**

Part-funded by Arts Council England

RURAL
ART
HOUSE